



DG Edukacja i Kultura  
DG Onderwijs en Cultuur  
DG Educación y Cultura



Program "Uczenie się przez całe życie"  
Programma "Een leven lang leren"  
Programa de Aprendizaje Permanente



## Comenius Project

A R E Y O U A C O<sub>2</sub> N S U M E R ?

Exchange  
March 16th-19th 2011



Comenius Project: 'Are you a CO<sub>2</sub>nsumer?' 1  
Middenschool Sint-Pieter, Oostkamp, Belgium  
Exchange 16<sup>th</sup> – 19<sup>th</sup> of March 2011  
Version 13/03/2011 14:49  
<http://www.areyouaco2nsumer.eu/>  
[areyouaco2nsumereu@googlegroups.com](mailto:areyouaco2nsumereu@googlegroups.com)



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**Hello pupil, hello teacher, hello staff member!**

**Welcome to Oostkamp, Belgium.**

**This booklet is a brief summary of the activities of our first exchange with pupils and teachers of our project. It contains useful information, names and telephone numbers. We hope you will have a pleasant stay in Belgium!**

**Hello host family!**

**We are glad you decided to host a foreign pupil. You will find all the necessary information, the timing schedule etc. in this booklet. Please don't hesitate to contact us when you have some questions.**

**We hope the exchange and the contact with Spanish and Polish guest will be an enriching experience for you and your family!**

**Hello Belgian teacher, hello staff member!**

**Thank you for your help. This exchange would not be possible without your voluntary efforts!**

**The Belgian Comenius team and the principal of Middenschool Sint-Pieter.**



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## The ABC of our exchange:

### A. Addresses

Addresses, websites, e-mail and phone numbers:	
<b>School:</b>	<p>Middenschool Sint-Pieter Kortrijksestraat 47 8020 Oostkamp Belgium Tel: 050 82 68 22 Mobile: 0497683847 or +32497683847 Fax: 050 82 67 22 <a href="mailto:info@middenschoolsint-pieter.be">info@middenschoolsint-pieter.be</a> <a href="http://www.middenschoolsint-pieter.be">www.middenschoolsint-pieter.be</a></p>
<b>Principal</b>	<p><input type="checkbox"/> S. Schepens Tel: 050 82 68 22 (during the day) Mobile: 0497683847 or +32497683847 <a href="mailto:info@middenschoolsint-pieter.be">info@middenschoolsint-pieter.be</a></p>
<b>Project</b>	<p>Are you a CO<sub>2</sub>nsumer? <a href="http://www.areyouaco2nsumer.eu/">www.areyouaco2nsumer.eu/</a> <a href="mailto:areyouaco2nsumereu@googlegroups.com">areyouaco2nsumereu@googlegroups.com</a></p>
<b>Emergency numbers</b>	<p>General emergency number: 100 Emergency (with a mobile phone): 112</p>
<b>Comenius team Belgium</b>	<p><input type="checkbox"/> Joeri Jacobus: science teacher and project coordinator <a href="mailto:joerijacobus@hotmail.com">joerijacobus@hotmail.com</a> (for teachers in the project) <a href="mailto:titularis2a2@hotmail.com">titularis2a2@hotmail.com</a> (for host families and pupils) Mobile:</p> <p><input type="checkbox"/> Jan Hellebuyck: maths and economics teacher <a href="mailto:janhellebuyck@gmail.com">janhellebuyck@gmail.com</a> Mobile:</p> <p><input type="checkbox"/> Robby De Boeck: English and music teacher <a href="mailto:robby.de.boeck@telenet.be">robby.de.boeck@telenet.be</a> Mobile:</p>
<b>Responsible teacher for emergencies with guests during the evening &amp; night.</b>	<p><input type="checkbox"/> Kevin Vandewiele: Dutch and history teacher Mobile:</p>



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## Adresses, websites, e-mail and phone numbers:

<p><b>Spanish teachers</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Carmen de Soignie: English teacher <a href="mailto:carmendesoignie@gmail.com">carmendesoignie@gmail.com</a> Mobile: +34</li> <li><input type="checkbox"/> Ricardo Carrero : Maths teacher <a href="mailto:ricarrero@gmail.com">ricarrero@gmail.com</a> Mobile: +34</li> </ul>
<p><b>Polish teachers</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Renata Lennart: head teacher <a href="mailto:rlenart@czart.pulawy.pl">rlenart@czart.pulawy.pl</a> Mobile: +48</li> <li><input type="checkbox"/> Anna Czernobaj: English teacher <a href="mailto:annaczernobaj@wp.pl">annaczernobaj@wp.pl</a> Mobile: +48</li> <li><input type="checkbox"/> Agnieszka Sylwestrowicz: chemistry teacher</li> </ul>
<p><b>Hotel of the Spanish and Polish teachers.</b></p>	<p>Hotel – Restaurant – Lounge 't Oud Wethuys Brugsestraat 2 8020 Oostkamp Belgium Tel: 050825999 or +3250825999 Fax: 050822681 or +3250822681 <a href="mailto:info@toudwethuys.be">info@toudwethuys.be</a> <a href="http://www.toudwethuys.be">www.toudwethuys.be</a></p>



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## Adresses, e-mail and phone numbers:

Belgian pupils	Spanish pupils
<b>Thomas Van Giel (B)</b>	<b>Krystian Ogonowski (E)</b>
Brewweg 11 8020 Oostkamp 050 280185 0496606435 0497598161 parents: <a href="mailto:jozef.van.giel@telenet.be">jozef.van.giel@telenet.be</a> pupil: <a href="mailto:thomas.vangiel@gmail.com">thomas.vangiel@gmail.com</a>	<a href="mailto:krystian.1005@hotmail.com">krystian.1005@hotmail.com</a>
<b>Arthur Vanderschaeghe (B)</b>	<b>Ainhoa Pastor Nuños (E)</b>
Kwagatstraat, 3 8020 Ruddervoorde 050 280550 0495627142 0492754292 parents: <a href="mailto:l.vdh@skynet.be">l.vdh@skynet.be</a> pupil: <a href="mailto:vanderhaeghenarthur@gmail.com">vanderhaeghenarthur@gmail.com</a>	<a href="mailto:noblejas_97@hotmail.com">noblejas_97@hotmail.com</a>
<b>Willem Lanoye (B)</b>	<b>Africa Pardo Rico (E)</b>
Weineveld 1 8020 Hertsberge 050 277052 0478980879 parents: <a href="mailto:marleen.clarisse@telenet.be">marleen.clarisse@telenet.be</a> pupil: <a href="mailto:marleen.clarisse@telenet.be">marleen.clarisse@telenet.be</a>	<a href="mailto:yosoyafrica@hotmail.com">yosoyafrica@hotmail.com</a>
<b>Antoon Wuyts (B) &amp; Klara Wuyts (B)</b>	<b>Clara Gonzales Jiménez (E)</b>
Hazelnottedreef 4 8750 Wingene 050 275288 parents: pupil: <a href="mailto:antoonwuyts@live.be">antoonwuyts@live.be</a>	<a href="mailto:clara.gonzalez22@hotmail.com">clara.gonzalez22@hotmail.com</a>
Belgian pupils	Polish pupils
<b>Jente Noppe (B)</b>	<b>Zuzanna Lis (P)</b>
Erkegemstraat 16 8020 Oostkamp 050 827743 pupil: 0474231046 parents: 0497534743 pupil : <a href="mailto:jente.noppe@hotmail.com">jente.noppe@hotmail.com</a> parents : <a href="mailto:tuinen.noppe@skynet.be">tuinen.noppe@skynet.be</a>	<a href="mailto:Kasiulek13@wp.pl">Kasiulek13@wp.pl</a>



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<b>Lise Smessaert (B)</b>	<b>Magdalena Tomczak (P)</b>
Watersnipstraat 4 8020 Waardamme 0475828576 0472553840 pupil: <a href="mailto:lise@smessaert.be">lise@smessaert.be</a>	<a href="mailto:madziatom96@o2.pl">madziatom96@o2.pl</a>
<b>Justine Naessens (B)</b>	<b>Marta Urbanowska(P)</b>
Ruddervoordestraat 36 8750 Zwevezele 051 673732 0478188279 050 826169 pupil: <a href="mailto:justinenaessens@hotmail.com">justinenaessens@hotmail.com</a>	<a href="mailto:mm.urbanowska@gmail.com">mm.urbanowska@gmail.com</a>
<b>Julie Van Nevel (B)</b>	<b>Ada Krzysztofik (P)</b>
Olieslagerijstraat 57 8020 Waardamme 050 360955 0485881320 pupil: <a href="mailto:juli.evan.nevel@hotmail.com">juli.evan.nevel@hotmail.com</a> parents: <a href="mailto:frank.van.nevel@telenet.be">frank.van.nevel@telenet.be</a>	<a href="mailto:ada.krzysz@wp.pl">ada.krzysz@wp.pl</a>
<b>Anne-Laure Coopman (B)</b>	<b>Alina Nikoniuk (P)</b>
Erkegemstraat 2 8020 Oostkamp 050 827918 0497122942 0498677204 pupil: <a href="mailto:annelaureke96@hotmail.com">annelaureke96@hotmail.com</a> parents: <a href="mailto:ingrid.strubbe@telenet.be">ingrid.strubbe@telenet.be</a>	<a href="mailto:alina.nikoniuk@gmail.com">alina.nikoniuk@gmail.com</a>

## B. Brugge (Brujas, Bruges,...)

The capitol of our province only 7 km from Oostkamp.

We have a guided visit on Saturday. (see time schedule)

This is what [www.visitflanders.us](http://www.visitflanders.us) has to say about Bruges:



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**With canals, pointy gilded architecture, and stay-awhile cafés, the marvelously-preserved medieval town of Bruges is a delight. Where else can you bike along a canal, munch mussels, drink fine monk-made beer, see a Michelangelo and savour heavenly chocolate?**

Over the years the medieval canal city of Bruges has gone by many names: City of Romance, Venice of the North, the City That Time Forgot, and Cultural Capital of Europe back in 2002. However, none of these monikers accurately capture the enchanting city of Bruges.

The historic centre of Bruges is on the list of UNESCO World Heritage Sites and is teeming with places of interest.

With the city center closed off to cars, all the stunning beauty and culture of this unforgettable city can be easily explored on foot, by boat ride along quiet canals, or by horse-drawn carriage among cobblestone streets. Although Bruges is a small city it will take more than one day to explore all the architectural and artistic treasures, folklore, chocolate shops, lace boutiques, and ambient restaurants on offer.

## C. Customs

Dear guests, don't forget to bring:

- the written approval from your parents that allows you to travel with your teachers.
- Your ID-card.

Please remember that minors can not take alcoholic drinks in their luggage. So host families should be careful. Please do not give beer, liquor or wine as a gift for the Spanish or Polish parents.

## D. Drinks

Our school has a vending machine for water, lemonade, cola and orange juice.

Another machine has coffee, soup or tea.

You can not buy or drink alcohol in Belgium when you are younger than 16.

## E. Electricity

Belgian electricity has these characteristics: 230V and 50Hz. Sockets look like this:



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## F. Food

Some families eat a hot meal at noon and bread in the evening. Other families eat bread at noon and eat a hot meal at night. The guests try to follow the normal life of a Belgian pupil. When the host pupil eats a hot meal at school, the guest pupil does the same.

Famous Belgian food:

- Frieten:** Belgian Frites = Belgian Fries with mayonnaise or ketchup
- Stoofvlees:** Belgian beef stew
- Spruitjes:** Brussels sprouts
- Mosselen:** muscles not from Brussels but from the North Sea.

Most Belgian pupils like pizza or pasta... but that's Italian food.

## G. Go-carts

In Blankenberge, a coastal town by the North Sea. Children traditionally use a part of their free time to ride funny bikes at the Velodroom or ride go-carts on the Pier.



## H. How to greet someone in Dutch

Hello = Hallo

Good morning = goede morgen

Good afternoon = goede middag

Good night = goede nacht

My name is... = mijn naam is...

Thank you = dank u

Please : alstublieft







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# I. International projects

Last time our school was involved in an international Comenius project was in 2000. The project Sun Rain Snow studied the effects of our climate on plants and animals. Schools from Norway, Italy, Denmark and Russia participated.

## J. Joy

Our school is small, but has loads of fun activities. We hope you can experience the joy of learning in our school!

## K. Klimaat: climate and weather

Belgian weather is often unstable and wet. In March mornings are cold. Often temperatures below zero. So bring a scarf, a cap and gloves and a good warm raincoat!

## L. Lessons

This is a normal weekday in our school. On Wednesday lessons stop at 12.00!

8.25	start
8.30 – 9.20	lesson 1
9.20 – 10.10	lesson 2
10.10 – 10.25	break
10.25 – 11.15	lesson 3
11.15 -12.05	lesson 4
12.05 -13.25	lunch break
13.25 – 14.15	lesson 5
14.15 – 15.05	lesson 6
15.05 - 15.20	break
15.20 - 16.10	lesson 7
16.10 – 16.25	break
16.30 – 18.00	study (not compulsory)



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These are the subjects in our second year:

Common lessons = 25 hours a week.		Choices = 7 hours a week.			
		Latin	Modern Sciences	Social & technical skills	Mechanics and electricity
Religion	2	-	-	-	-
Dutch	4	+1	+1	-	-
French	4	-	-	-	-
Maths	4	+1	+1	-	-
English	2	-	-	-	-
Geography	1	-	-	-	-
Biology	1	-	-	-	-
History	2	-	-	-	-
Physical education	2	-	-	-	-
Musical education	1	-	-	-	-
Technics	2	-	-	-	-
Latin	-	5	-	-	-
Science	-	-	3	-	-
Economics	-	-	2	-	-
Social and technical skills	-	-	-	7	-
Electricity and mechanics	-	-	-	-	7
	25	7	7	7	7

## M. Mayor



We'll have a meeting with the mayor of Oostkamp – mister Vanparys - and the press on Friday.

## N. Navigation

If you would like to navigate to Oostkamp with a GPS, you will need these coordinates:  
51°09'18,36" North and 3°13'08,30" East.



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## O. Oostkamp

Our urbanised village. About 22500 inhabitants. And 79km<sup>2</sup>. Oostkamp has 3 other smaller villages within its borders: Hertsberge, Waardamme and Ruddervoorde. Our village is twinned with Bad Neuheim in Germany and Chaumont in France.

More info: [www.oostkamp.be](http://www.oostkamp.be)

## P. Products

Typical Belgian products are: lace, chocolat, jenever (a kind of gin) and beer. In Bruges you can find them in special souvenir shops, but prices are outrageous. It's better to buy it in a local supermarket.

## Q. Quick

The most famous fast food chain in Belgium is called Quick.. There is a fast food restaurant on the market square of Brugge.

## R. Recycling

In Belgium the recycling of waste is organised by the local communities. Every town has its container park where civilians can bring their waste and split it up in different sections: from paper and glass to bricks, electronics and chemical waste. We will visit the container park of Oostkamp on Thursday.



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## S. Schedule of the visit.

### Wednesday 16th of March 2011

- Around 11h00: arrival of the Spanish group at Brussels National Airport.
- Spanish delegation visits Brussels
- In the (late) afternoon Spanish group take the train to Brugge. As soon as they leave Brussels they send a text message.
- 18h30: arrival of the Polish group at Brussels National Airport.. Train to Brugge. As soon as they leave Brussels they send a text message.
- Around 19h30?: Belgian teachers take the Spanish group from the station of Brugge to our school.
- Host families get a text message to warn them about the arrival.
- Around 20h30?: Belgian teachers take the Polish group from the station of Brugge to our school.
- Host families get a text message to warn them about the arrival.
- Around 20h00? and 21h00 Welcome in the teachers room (with a small meal a drink).
- Guests leave with the host families.

Please note that the arrival hour depends on the arrival time of the train in Brugge.

### Thursday 17th of March 2011

	Foreign pupils and their teachers		Coordinating teachers
morning	1st lesson: 8h30	Meeting of the foreign pupils with their own teachers to talk about the previous day. Introduction to the school. A chance to mail home.in classroom 5.	Evaluation meeting.  Results of the survey, song, ...
	2nd lesson: 9h20	A small introduction to the Dutch language with class 2A1 in classroom 21. Teacher: Nancy Houtteman	
	10h10: Break		





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	3rd lesson: 10h25	A short movie about recycling in Belgium with class 1A3 in classroom 7. Teachers: Nancy Houtteman & Steven Ghenin.	
	4th lesson: 11h15	A recycling game in the local container park (a recycling park of the local community). Teachers: Nancy Houtteman & Steven Ghenin.	
noon	12u10	Lunch.in the 'rotonde' (1st Floor)	
		A small activity with lunchboxes in the 'rotonde' Teachers: Fré de Koster & Niek De Baere	
afternoon	5th lesson: 13h25	."Pimp my lunchbox" and table cup drumming" with classes 2A2 and 2A3 at the study. With Robby De Boek, Kevin Vandewiele, Niek De Baere & Fré De Koster.	Meeting: planning next period.
	6th lesson: 14h15		
	14h50	Belgian host pupils, foreign guest and Joeri Jacobus: bus to Brugge.	
	15h36	Train to Blankenberge	
evening	16h00	Belgian ice cream and ride on funny bikes or go-carts @ the beach.	
	19h00	Belgian host families and teachers join the group: dinner: Belgian Fries @ a Belgian Frietkot together with the host families.	
	20h00	Back to the host families for the rest of the evening.	



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Friday 18th of March 2011

	Foreign pupils and their teachers		Coordinating teachers
morning	1st lesson: 8h30	Meeting of the foreign pupils with their own teachers to talk about the previous day. Introduction to the school. A chance to mail home.in classroom 5	Extra meeting if needed.
	2nd lesson: 9h20	Lesson in the 2nd year French in 2A2 with Linsey De Leu in classroom 20 English in 2A3 with Robby De Boeck in classroom 19	
	10h10: Break		
	3rd lesson: 10h25	Lesson in the 2nd year Science in 2A3 with Joeri Jacobus	
	4th lesson: 11h15	Lesson in the 2nd year Economics in 2A2 with Jan Hellebuyck	
noon	12h10 13h25	Lunch	
afternoon	5 <sup>th</sup> lesson: 13h25	Practical lesson: Cooking with Kathleen Puype in 2A1 STV in classroom 2 Electricity with Niek De Baere in 2A1 ME in classroom 4.	
	14h00	Meeting with the press and the mayor @ the town hall.	



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	<b>7th lesson</b>	<b>Practical lesson:</b> <b>Cooking with Kathleen Puype in 2A1 STV in classroom 2</b> <b>Electricity with Niek De Baere in 2A1 ME in classroom 4.</b>
	<b>16h10</b>	<b>To the host family. Guests eat at the home of the families.</b>
<b>evening</b>	<b>18h00</b>	<b>Dinner for the teachers in the project @ restaurant Queens.</b>
	<b>20h00</b>	<b>Teachers, host pupils and host families meet @ Keunekot in Sijsele to play traditional Flemish games.</b>
	<b>21h30</b>	<b>Back to the host families for the rest of the evening.</b>

<b>Saturday 19th of March 2011</b>		
<b>morning</b>	<b>9h00</b>	<b>We meet at school. Bus to Bruges.</b>
	<b>9h30 – 10h30</b>	<b>Guided tour in Bruges</b>
	<b>10h30 – 12h00</b>	<b>Shopping and free time in Bruges</b>
	<b>12h00</b>	<b>Bus to Oostkamp</b>
<b>noon</b>	<b>12h30</b>	<b>Good bye dinner for teachers, pupils and host families at our rotonde at school.</b>
<b>afternoon</b>	<b>13h45</b>	<b>Teachers drive our guest to the station in Bruges. Good bye...</b>



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**Version 13/03/2011 14:49**

<http://www.areyouaco2nsumer.eu/>

[areyouaco2nsumereu@googlegroups.com](mailto:areyouaco2nsumereu@googlegroups.com)



DG Edukacja i Kultura  
DG Onderwijs en Cultuur  
DG Educación y Cultura



Program "Uczenie się przez całe życie"  
Programma "Een leven lang leren"  
Programa de Aprendizaje Permanente



## T. Traditional Flemish games

Years ago, when the internet, computers, I-pods and electricity were not invented yet, people played traditional games at the local pubs or youth clubs. We'll try this old form of entertainment on Friday.



V.Z.W. 't Keunekot,  
Warandelaan 10 B,  
8340 Sijsele-Damme  
050 357745

[info@keunekot.be](mailto:info@keunekot.be)

<http://users.skynet.be/fa294750/>

## U. Use of free time

A part of our project studies the use of free time.

## V. Vlaanderen = Flanders

The political structure of Belgium is very difficult. Our small country with 10 000 000 inhabitants and only 30 500km<sup>2</sup> is divided in 3 language zones and 3 communities: Flanders, Wallonia and Brussels. There's also a small German speaking minority. Each community has it's own government. Belgium holds the sad record of the longest negotiations to form a federal government. Since June 13<sup>th</sup> 2010 our politicians have been trying to form a government. Without success... ☹.

Oostkamp is part of Flanders so our native language is a special form of Dutch.

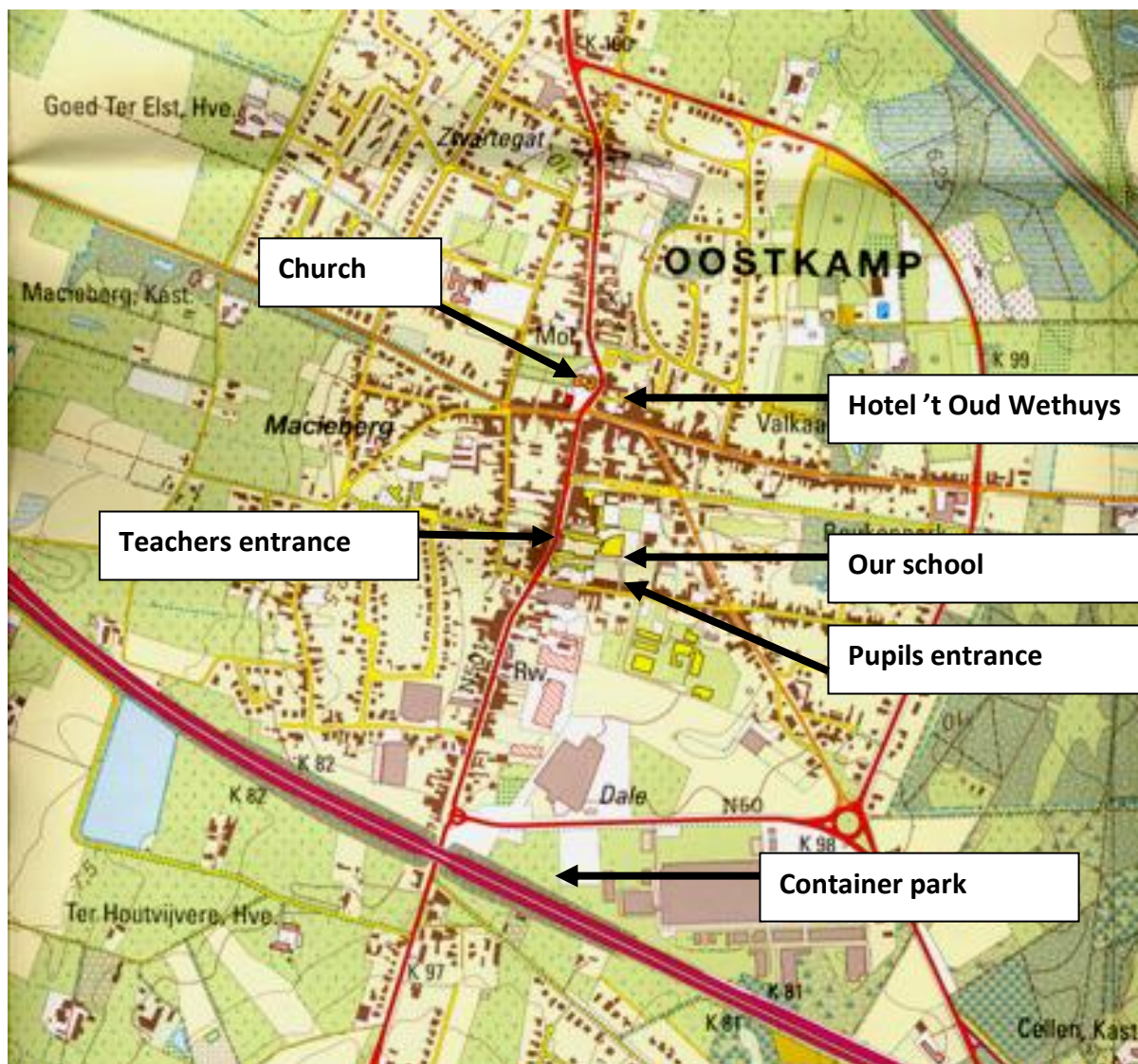


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# W. Where is our school?



## X. x

No info starting with X, sorry!

## Y. You

You are very welcome in our school!

## Z. Last letter of our ABC

We hope you learned a lot about Belgium, our school, the project and the exchange!



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