



DG Edukacja i Kultura  
 DG Onderwijs en Cultuur  
 DG Educación y Cultura



Program "Uczenie się przez całe życie"  
 Programma "Een leven lang leren"  
 Programa de Aprendizaje Permanente



## Comenius Project



**Exchange**  
**19<sup>th</sup> – 22<sup>nd</sup> of September 2011**  
**Middenschool Sint-Pieter**  
**Oostkamp**



Comenius Project: 'Are you a CO<sub>2</sub>nsumer?' 1  
 Middenschool Sint-Pieter, Oostkamp, Belgium  
 Exchange 19<sup>th</sup> – 22<sup>th</sup> of Oktober 2011  
 Version 2.1 14/10/2011  
<http://www.areyouaco2nsumer.eu/>  
[areyouaco2nsumereu@googlegroups.com](mailto:areyouaco2nsumereu@googlegroups.com)



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**Hello pupil, hello teacher, hello staff member!**

**Welcome to Oostkamp, Belgium.**

**This booklet is a brief summary of the activities of our third exchange with pupils and teachers of our project. It contains useful information, names and telephone numbers. We hope you will have a pleasant stay in Belgium!**

**Hello host family!**

**We are glad you decided to host a foreign pupil. You will find all the necessary information, the timing schedule etc. in this booklet. Please don't hesitate to contact us when you have some questions.**

**We hope the exchange and the contact with Spanish and Polish guest will be an enriching experience for you and your family!**

**Hello Belgian teacher, hello staff member!**

**Thank you for your help. This exchange would not be possible without your voluntary efforts!**

**The Belgian Comenius team and the principal of Middenschool Sint-Pieter.**



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## The ABC of our exchange:

### A. Addresses

| Addresses, websites, e-mail and phone numbers:   |  |
|--|--|
| <b>School:</b>   | <p>Middenschool Sint-Pieter<br/>Kortrijksestraat 47<br/>8020 Oostkamp<br/>Belgium<br/>Tel: 050 82 68 22<br/>Mobile: 0497683847 or +32497683847<br/>Fax: 050 82 67 22<br/><a href="mailto:info@middenschoolsint-pieter.be">info@middenschoolsint-pieter.be</a><br/><a href="http://www.middenschoolsint-pieter.be">www.middenschoolsint-pieter.be</a></p>   |
| <b>Principal</b>   | <p><input type="checkbox"/> S. Schepens<br/>Tel: 050 82 68 22 (during the day)<br/>Mobile: 0498858702 or +32498858702<br/><a href="mailto:info@middenschoolsint-pieter.be">info@middenschoolsint-pieter.be</a></p>   |
| <b>Project</b>   | <p>Are you a CO<sub>2</sub>nsumer?<br/><a href="http://www.areyouaco2nsumer.eu/">www.areyouaco2nsumer.eu/</a><br/><a href="mailto:areyouaco2nsumereu@googlegroups.com">areyouaco2nsumereu@googlegroups.com</a></p>   |
| <b>Emergency numbers</b>   | <p>General emergency number: 112<br/>Emergency (with a mobile phone): 112</p>  |
| <b>Comenius team Belgium</b>   | <p><input type="checkbox"/> Joeri Jacobus: science teacher and project coordinator<br/><a href="mailto:joerijacobus@hotmail.com">joerijacobus@hotmail.com</a> (for teachers in the project)<br/>Mobile: 0479846039 or +32479846039</p> <p><input type="checkbox"/> Jan Hellebuyck: maths and economics teacher<br/><a href="mailto:janhellebuyck@gmail.com">janhellebuyck@gmail.com</a><br/>Mobile: 0474653759 or +32474653759</p> <p><input type="checkbox"/> Robby De Boeck: English and music teacher<br/><a href="mailto:robby.de.boeck@telenet.be">robby.de.boeck@telenet.be</a><br/>Mobile: 0478562079 or +32478562079</p> |
| <b>Responsible teacher for emergencies with guests during the evening &amp; night.</b> | <p><input type="checkbox"/> Kevin Vandewiele: Dutch and history teacher<br/>Mobile: 0498481308 or +320498481308</p>  |





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## Adresses, websites, e-mail and phone numbers:

|   |   |
|---|---|
| Spanish teachers                          | <input type="checkbox"/> Carmen de Soignie : English teacher<br><a href="mailto:carmendesoignie@gmail.com">carmendesoignie@gmail.com</a><br>Mobile: +34 6 28261701<br><input type="checkbox"/> Belén Rodríguez : English teacher  |
| Polish teachers                           | <input type="checkbox"/> Agnieszka Czarnota-Borowiec : English teacher<br><a href="mailto:aczarnotaborowiec@wp.pl">aczarnotaborowiec@wp.pl</a><br>Mobile: +48 509 434 706<br><input type="checkbox"/> Anna Kozłowska- Skwarek : English teacher                           |
| Hotel of the Spanish and Polish teachers. | Hotel – Restaurant – Lounge<br>'t Oud Wethuys, Brugsestraat 2, 8020 Oostkamp<br>Tel: 050825999 or +3250825999<br>Fax: 050822681 or +3250822681<br><a href="mailto:info@toudwethuys.be">info@toudwethuys.be</a> <a href="http://www.toudwethuys.be">www.toudwethuys.be</a> |

## Adresses, e-mail and phone numbers:

| Belgian pupils   | Spanish pupils   |
|--|--|
| Laura Floré  | Lucia Montesinos Guerra  |
| <a href="mailto:lauratje06@hotmail.com">lauratje06@hotmail.com</a> | <a href="mailto:luciamontesinos.98@hotmail.com">luciamontesinos.98@hotmail.com</a> |
| 0032 50 82 77 46   | 0034 663966206   |
| Lara De Decker   | Mar Fernández-Espinosa   |
| <a href="mailto:lara5b07@hotmail.com">lara5b07@hotmail.com</a>     | <a href="mailto:marferes10398@hotmail.com">marferes10398@hotmail.com</a>           |
| 0032 50 82 77 68   | 0034 608707113 /0034 639522606   |
| Lara Delaey  | Begoña Sanchez - Rico Lucas - Torres   |
| <a href="mailto:lara.delaey@live.be">lara.delaey@live.be</a>       | <a href="mailto:bego_sanchezrico@hotmail.com">bego_sanchezrico@hotmail.com</a>     |
| 0032 476 88 03 43  | 0034 685604529   |
| Jeroen Robbe   | Elena De la Peña Gutierrez   |
| <a href="mailto:ocean.rocks@live.be">ocean.rocks@live.be</a>       | <a href="mailto:elenita_pekepony@hotmail.com">elenita_pekepony@hotmail.com</a>     |
| 0032 50 28 04 49   | 0034 615825188   |



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National Agency



## Adresses, e-mail and phone numbers:

| Belgian pupils   | Polish pupils  |
|--|--|
| Brecht Faes  | Marek Ciesla   |
| <a href="mailto:brecht.faes@hotmail.com">brecht.faes@hotmail.com</a>       | <a href="mailto:marek_ciesla@wp.pl">marek_ciesla@wp.pl</a>     |
| 0032 494 16 43 13  | 0048 660266750   |
| Fien Vandermeersch   | Julianna Lachwoicz   |
| <a href="mailto:fien.vandermeersch@live.be">fien.vandermeersch@live.be</a> | <a href="mailto:julenska102@wp.pl">julenska102@wp.pl</a>       |
| 0032 471 45 70 88  | 0048 509220907   |
| Jeroen Acx   | Izabella Ludera  |
| <a href="mailto:jeroen5b01@hotmail.com">jeroen5b01@hotmail.com</a>         | <a href="mailto:lorna960@yahoo.com">lorna960@yahoo.com</a>     |
| 0032 478 76 60 83  | 0048 607382658   |
| Lara Smis  | Olga Jakubic   |
| <a href="mailto:lara.smis@telenet.be">lara.smis@telenet.be</a>             | <a href="mailto:hUU@onet.pl">hUU@onet.pl</a>                   |
| 0032 478 67 16 64  | 0048 784964705   |
| Sim Deeren   | Jan Grzesiak   |
| <a href="mailto:klassim@hotmail.com">klassim@hotmail.com</a>               | <a href="mailto:jasiekgrzesiak@op.pl">jasiekgrzesiak@op.pl</a> |
| 0476 656 552   | 0048 668110170   |

## B. Brugge (Brujas, Bruges,...)

The capitol of our province only 7 km from Oostkamp.

We have a visit on Saturday. (see time schedule)

This is what [www.visitflanders.us](http://www.visitflanders.us) has to say about Bruges:



With canals, pointy gilded architecture, and stay-awhile cafés, the marvelously-preserved medieval town of Bruges is a delight. Where else can you bike along a canal, munch mussels, drink fine monk-made beer, see a Michelangelo and savour heavenly chocolate?

Over the years the medieval canal city of Bruges has gone by many names: City of Romance, Venice of the North, the City That Time Forgot, and Cultural Capital of Europe back in 2002. However, none of these monikers accurately capture the enchanting city of Bruges. The historic centre of Bruges is on the list of UNESCO World Heritage Sites and is teeming with places of interest.

With the city center closed off to cars, all the stunning beauty and culture of this unforgettable city can be easily explored on foot, by boat ride



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along quiet canals, or by horse-drawn carriage among cobblestone streets. Although Bruges is a small city it will take more than one day to explore all the architectural and artistic treasures, folklore, chocolate shops, lace boutiques, and ambient restaurants on offer.

## C. Customs

Dear guests, don't forget to bring:

- the written approval from your parents that allows you to travel with your teachers.
- Your ID-card.

Please remember that minors can not take alcoholic drinks in their luggage. So host families should be careful. Please do not give beer, liquor or wine as a gift for the Spanish or Polish parents.

## D. Drinks

Our school has a vending machine for water, lemonade, cola and orange juice.

Another machine has coffee, soup or tea.

You can not buy or drink alcohol in Belgium when you are younger than 16.

## E. Electricity

Belgian electricity has these characteristics: 230V and 50Hz. Sockets look like this:



## F. Frietjes - Fries

Most pupils in Europe know French fries. You can buy them at the American fast food chains. The fact is that fries are a Belgian invention. We eat them with mayonnaise or ketchup. Traditionally people buy them at a 'frietkot'. On Thursday we will eat Belgian 'frietjes' in a well known frietkot in Brugge.





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## G. Greet someone in Dutch

Hello = Hallo

Good afternoon = goede middag

My name is... = mijn naam is...

Please : alstublieft

Good morning = goede morgen

Good night = goede nacht

Thank you = dank u

## H. Heroes

Belgium is famous for its comic strips...

Maybe Tintin and The Smurfs are the most famous heroes. But maybe you will learn to appreciate Suske & Wiske, Jommeke, Nero, Urbanus or Kiekeboe.



During our comic strip campaign the pupils will star in their own comic strip.

## I. International projects

Last time our school was involved in an international Comenius project was in 2000. The project Sun Rain Snow studied the effects of our climate on plants and animals. Schools from Norway, Italy, Denmark and Russia participated.

## J. Joy

Our school is small, but has loads of fun activities. We hope you can experience the joy of learning in our school!

## K. Klimaat: climate, weather, clothing

Belgian weather is often unstable and wet. In October mornings are cold. So bring a scarf, a cap and gloves and a good warm raincoat! For the lessons of physical education (turnles) the pupils will need sports shoes (no black soles), sports clothes, soap, towel,...For the swimming activity on Friday you will need swimming gear and a towel.



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## L. Lessons

This is a normal weekday in our school. On Wednesday lessons stop at 12.00!

|               |                        |
|---------------|------------------------|
| 8.25          | start                  |
| 8.30 – 9.20   | lesson 1               |
| 9.20 – 10.10  | lesson 2               |
| 10.10 – 10.25 | break                  |
| 10.25 – 11.15 | lesson 3               |
| 11.15 -12.05  | lesson 4               |
| 12.05 -13.25  | lunch break            |
| 13.25 – 14.15 | lesson 5               |
| 14.15 – 15.05 | lesson 6               |
| 15.05 - 15.20 | break                  |
| 15.20 - 16.10 | lesson 7               |
| 16.10 – 16.25 | break                  |
| 16.30 – 18.00 | study (not compulsory) |

These are the subjects in our second year:

| Common lessons = 25 hours a week. |    | Choices = 7 hours a week. |                 |                           |                           |
|-----------------------------------|----|---------------------------|-----------------|---------------------------|---------------------------|
|                                   |    | Latin                     | Modern Sciences | Social & technical skills | Mechanics and electricity |
| Religion                          | 2  | -                         | -               | -                         | -                         |
| Dutch                             | 4  | +1                        | +1              | -                         | -                         |
| French                            | 4  | -                         | -               | -                         | -                         |
| Maths                             | 4  | +1                        | +1              | -                         | -                         |
| English                           | 2  | -                         | -               | -                         | -                         |
| Geography                         | 1  | -                         | -               | -                         | -                         |
| Biology                           | 1  | -                         | -               | -                         | -                         |
| History                           | 2  | -                         | -               | -                         | -                         |
| Physical education                | 2  | -                         | -               | -                         | -                         |
| Musical education                 | 1  | -                         | -               | -                         | -                         |
| Technics                          | 2  | -                         | -               | -                         | -                         |
| Latin                             | -  | 5                         | -               | -                         | -                         |
| Science                           | -  | -                         | 3               | -                         | -                         |
| Economics                         | -  | -                         | 2               | -                         | -                         |
| Social and technical skills       | -  | -                         | -               | 7                         | -                         |
| Electricity and mechanics         | -  | -                         | -               | -                         | 7                         |
|                                   | 25 | 7                         | 7               | 7                         | 7                         |

## M. Mayor

We'll have a meeting with the mayor of Oostkamp – mister Vanparys - and the press on Friday.



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## N. Navigation

If you would like to navigate to Oostkamp with a GPS, you will need these coordinates:  
51°09'18,36" North and 3°13'08,30" East.

## O. Oostkamp

Our urbanised village. About 22500 inhabitants. And 79km<sup>2</sup>. Oostkamp has 3 other smaller villages within its borders: Hertsberge, Waardamme and Ruddervoorde. Our village is twinned with Bad Nauheim in Germany and Chaumont in France. We will have a walk through our village on Thursday morning.

More info: [www.oostkamp.be](http://www.oostkamp.be)

## P. Products

Typical Belgian products are: lace, chocolat, jenever (a kind of gin) and beer. In Bruges you can find them in special souvenir shops, but prices are outrageous. It's better to buy it in a local supermarket.

## Q. Quick

The most famous fast food chain in Belgium is called Quick.. There is a fast food restaurant on the market square of Brugge.

## R. Reitjes

Bruges is famous for its canals. Reitjes in Flemish. In medieval times Bruges was connected with the North Sea. Several canals were used for the transport of all kinds of goods. On Thursday we will have a boat trip on the canals of Brugge.



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## S. Schedule of the visit

### Wednesday 19th of October 2011

- Around 18h00: arrival of the Spanish and Polish group at the train station of Brugge. Please note that the arrival hour depends on the arrival time of the train in Brugge.
- Belgian teachers take the Polish and the Spanish group from the station of Brugge to our school.
- Host families get a text message to warn them about the arrival.
- Around 18h30 Welcome in the teachers room (with a drink).
- Guests leave with the host families.
- Welcome dinner for the teachers.

### Thursday 20th of October 2011

|              | Foreign pupils and their teachers   | Coordinating teachers                               |
|--------------|---|---|
| 8h30-9h00    | Meeting of the foreign pupils with their own teachers to talk about the previous day. A chance to mail home in <i>classroom 7</i> . |   |
| 9h00-10u45   | a sustainable walk through Oostkamp. Quest with assignments. <b>Class 2A1 &amp; 2A3 &amp; host pupils.</b>                          |   |
| 10h45- 11h55 | Physical Education. <i>in 'De Valkaart'</i><br><b>Class 2A1</b>   | 11h15 Meeting: planning next period.                |
| 12h10        | Lunch in the 'rotonde' (1st Floor)  |   |
| 13h25-14h00  | Introduction: Comic Strip Campaign.<br><b>Class 2A2 &amp; host pupils (Classroom 7)</b>   |   |
| 14h00-14h15  | Preparation scenario: 'comic strip' ecofriendly campaign.<br><b>Class 2A2 &amp; host pupils (Classroom 7)</b>                       | 14h00 Meeting: planning next period.                |
| 14h15-15h05  | Introduction Dutch language. <b>Class 1A2 (Classroom 15)</b>  |   |
| 15h25        | Host- and guest pupils and teachers: bus to Brugge.   |   |
| 16u45        | Boats on the canals of Brugge.  |   |
|              | Climbing the Halletoren.  |   |
| 18h00        | Fries in a typical Belgian frietkot.  |   |
| 18u45        | Host and guest pupils: bus to Oostkamp.   |   |
| +/- 19h00    | Guest pupils in host families.  | Guest teachers: snack in the oldest café of Brugge. |



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## Friday 21st of October 2011

|              | Foreign pupils and their teachers   | Coordinating teachers                     |
|--------------|---|---|
| 8h30-9h20    | Meeting of the foreign pupils with their own teachers to talk about the previous day. A chance to mail home in <b>classroom 7</b> . |   |
| 9h20-10h10   | Preparation pictures: 'comic strip' ecofriendly campaign.<br><b>Class 2A2 &amp; host pupils</b><br>(Classroom 7)                    | If needed: Meeting: planning next period. |
| 10h10        | break   |   |
| 10h25-11h15: | Preparation 'comic strip' ecofriendly campaign.<br><b>Class 2A2 &amp; host pupils</b><br>(Classroom 15)                             | If needed: Meeting: planning next period. |
| 11h15-12h05  | Visit to the mayor in the town hall.<br><b>Guest pupils &amp; teachers</b>  |   |
| 12h10        | Lunch in the 'rotonde' (1st Floor)  |   |
| 13h25-14h15  | Practical lesson: part 1<br>or cooking with 2A1 STV (classroom 2 )<br>or electricity in 2A1 ME (classroom 4).                       |   |
| 14h15-15h05  |   |   |
| 15h05        | break   |   |
| 15h20-16h10  | Practical lesson: part 2<br>or cooking with 2A1 STV (classroom 2 )<br>or electricity in 2A1 ME (classroom 4).                       |   |
| 17h00-18h00  | Swimming at the local swimming pool.  |   |
| 18h30        | Farewell dinner with host families: BBQ.<br>Families bring deserts. ('Dining room').  |   |
| +/- 20h00    | Pupils to host families   | Guest teachers: drink in Oostkamp         |

## Saturday 21st of October 2011

|        | Foreign pupils and their teachers   |
|--------|---|
| 9h00   | Bringing luggage to school if guest and host are joining the group in Brugge.   |
|        | Or: Free time with host families<br>Or: We meet at school. Bus to Bruges.<br>Or: we meet in Bruges.<br>Up to the host families to decide! |
|        | Shopping in Bruges.   |
| 11h45  | Bringing luggage to the station   |
| 12h00: | At the station of Bruges. Good bye...   |



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## T. Traditional food

Some families eat a hot meal at noon and bread in the evening. Other families eat bread at noon and eat a hot meal at night. The guests try to follow the normal life of a Belgian pupil. When the host pupil eats a hot meal at school, the guest pupil does the same.

Famous Belgian food:

- Frieten:** Belgian Frites = Belgian Fries with mayonnaise or ketchup
- Stoofvlees:** Belgian beef stew
- Spruitjes:** Brussels sprouts
- Mosselen:** 'muscles' not from Brussels but from the North Sea.

Most Belgian pupils like pizza or pasta... but that's Italian food.

## U. Use of free time

A part of our project studies the use of free time. We will go for a swim on Friday.  
A healthy way to spend some free time!



## V. Vlaanderen = Flanders

The political structure of Belgium is very difficult. Our small country with 10 000 000 inhabitants and only 30 500km<sup>2</sup> is divided in 3 language zones and 3 communities: Flanders, Wallonia and Brussels. There's also a small German speaking minority. Each community has it's own government. Belgium holds the sad record of the longest negotiations to form a federal government. Since June 13<sup>th</sup> 2010 our politicians have been trying to form a government. Without success. Optimists believe we will have a new government by the end of this year.

Oostkamp is part of Flanders so our native language is a special form of Dutch.



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Version 2.1 14/10/2011

<http://www.areyouaco2nsumer.eu/>

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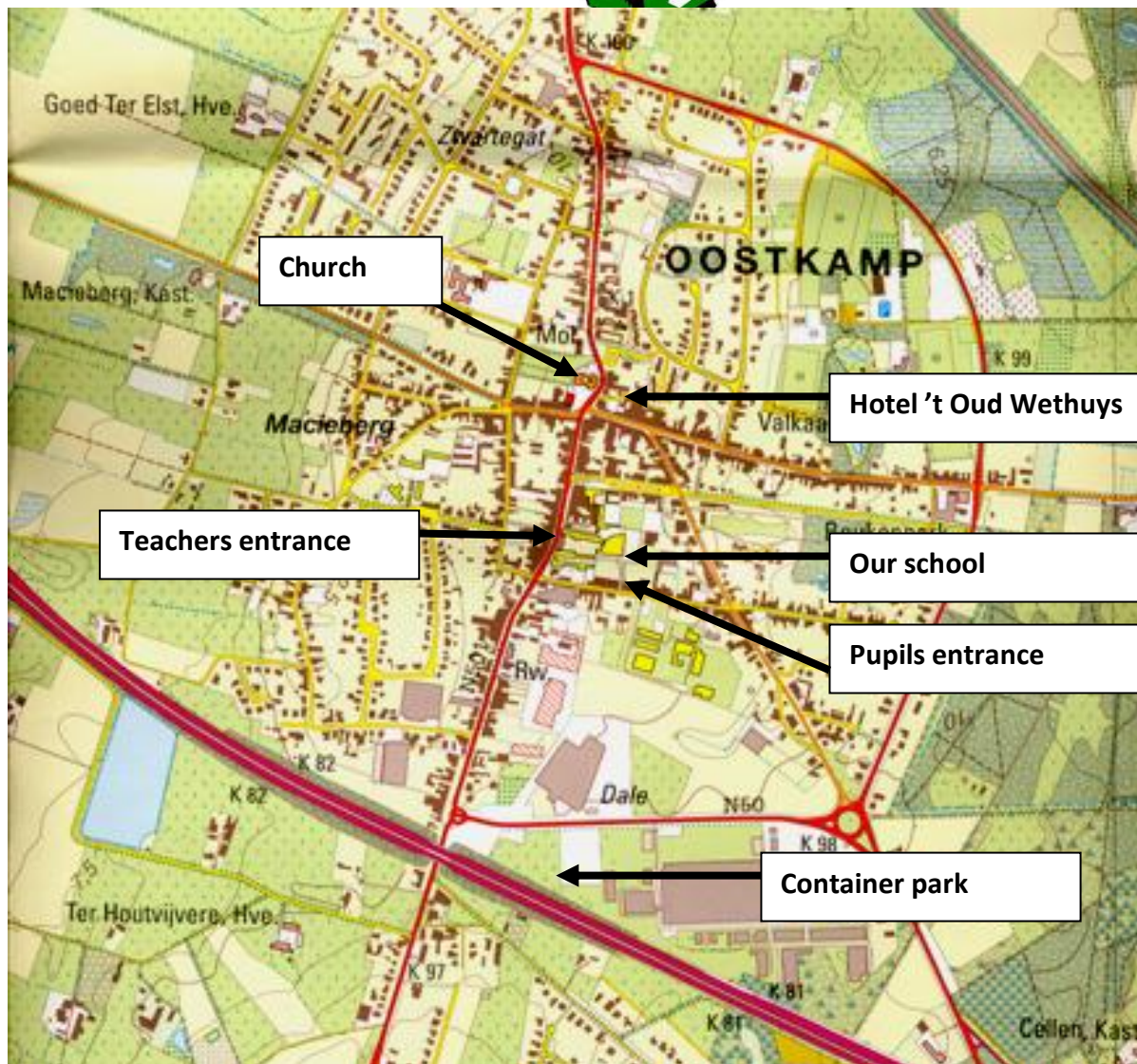
DG Edukacja i Kultura  
DG Onderwijs en Cultuur  
DG Educación y Cultura



Program "Uczenie się przez całe życie"  
Programma "Een leven lang leren"  
Programa de Aprendizaje Permanente



# W. Where is our school?



# X. x

No info starting with X, sorry!

# Y. You

You are very welcome in our school!

# Z. Last letter of our ABC

We hope you learned a lot about Belgium, our school, the project and the exchange!



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